

# Health Options Program



Enrollment Guide for  
Medicare-Eligible  
Members

2023



The Public School Employees' Retirement System (PSERS) sponsors the Health Options Program for the sole benefit of PSERS retirees and survivor annuitants and the spouse, surviving spouse, and dependents of retirees and survivor annuitants. PSERS is an agency of the Commonwealth of Pennsylvania with primary responsibility to administer the retirement system for all public school employees in the Commonwealth.

The Health Options Program is a voluntary health benefits program funded by participant contributions. Each retiree and survivor annuitant and the spouse and dependent of the retiree or survivor annuitant must decide whether or not to participate. Private health care organizations, third-party administrators, and insurance carriers provide the health care coverage and services available through the Health Options Program. Neither PSERS nor the Commonwealth of Pennsylvania is an insurer.

In no event shall PSERS or the Commonwealth of Pennsylvania be responsible for any act or omission of any insurance company, third-party administrator, health care organization, or provider that has a role in this Program. If there is a discrepancy between the information presented in this document and the actual Program provisions, the legal Plan documents will govern.

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## LOOK FOR OUR LOGO



If you don't see our name, the coverage is not provided by PSERS. Most likely, you are also receiving information from AARP, your local Blue Cross Blue Shield office, and other organizations offering health coverage and Medicare prescription drug (Part D) coverage. These plans are not sponsored by PSERS, which means they do not provide the benefits and advantages described in this booklet.

# Welcome to the Health Options Program

The Health Options Program provides comprehensive medical, prescription drug, and dental and vision coverage at competitive rates.

**This booklet describes the program for Medicare-eligible participants.** For information about health insurance for non-Medicare-eligible participants enrolled in the Health Options Program, call the HOP Administration Unit at 1-800-773-7725.

Most members of the Health Options Program enroll when they turn 65 and become eligible for Medicare. At 65, unless you're still working, Medicare becomes your primary coverage for hospital and medical expenses. However, many people feel that the basic level of Medicare (called Original Medicare) provided by the government is not sufficient to meet their needs. They have two options for improving their coverage:

- **Medicare Supplement plan** (sometimes called a Medigap policy) that pays all or part of the deductibles and/or coinsurance you would have to pay if you had just Original Medicare
- **Medicare Advantage plan** (also known as a Medicare Part C plan) that replaces Original Medicare entirely

Both of these options are available under the Health Options Program, and, for each, most people have a choice of plans. If you choose a Medicare Supplement plan, you can add a voluntary dental and vision plan and/or prescription drug coverage. Prescription drug coverage is also available on a stand-alone basis. If you choose a Medicare Advantage plan, prescription drug coverage is included; dental and vision benefits are also included with some Medicare Advantage plans.

## Advantages of the Health Options Program

- If you are eligible for Premium Assistance and enroll in a Medicare Supplement or Medicare Advantage plan, up to **\$100 per month** will be added to your pension to help pay for your medical insurance.
- The Program offers **a choice of coverage**. You have a choice of two Medicare Supplement plans, three prescription drug plans, and dental and vision coverage. Depending on where you live, several Medicare Advantage plans may also be available.
- Your monthly premiums are **deducted automatically** from your pension (as long as your pension exceeds the premium).
- You can **change your option** each year starting in early October during the Option Selection Period. You can also enroll, add dependents, or change your option if you or a dependent experiences a Qualifying Event.
- You have access to **health care information** to help you make informed health care decisions and lead a healthier lifestyle. You will receive newsletters and booklets to help you make the most of your participation. Customer service representatives at the HOP Administration Unit are specially trained and dedicated to helping participants. You can reach one by calling 1-800-773-7725 (TTY users, 1-800-498-5428) weekdays from 8:00 a.m. to 8:00 p.m. ET. A website, **HOPbenefits.com**, is accessible 24 hours a day, seven days a week.

The Health Options Program, sponsored by the Pennsylvania Public School Employees' Retirement System (PSERS), operates for the exclusive benefit of our retirees and their families.



## Premium Assistance—A Special Incentive

Participating in the Health Options Program may entitle you to a special financial incentive that is not available with a commercial program such as AARP or Blue Cross Blue Shield. PSERS provides Premium Assistance to help eligible retirees pay for medical coverage through the Health Options Program or a Commonwealth public school employer plan or district health plan.

If you are eligible for Premium Assistance and enroll in either a Medicare Supplement plan or a Medicare Advantage plan through the Health Options Program, PSERS will pay up to \$100 per month toward your monthly premium. Over the course of your lifetime, on average, you could save up to \$24,000 as a participant in the Health Options Program. The amount of the Premium Assistance benefit is determined by the Pennsylvania legislature and is subject to change.

You are eligible for Premium Assistance if you are a retiree who meets one of the following service or retirement requirements:

- You have at least 24½ years of credited service regardless of age, or
- You terminate school employment and retire at or after age 62\* with at least 15 years of credited service, or
- You are receiving a disability retirement benefit from PSERS.

\* Age 65 for someone who first becomes a school employee and an active member or a multiple service member on or after July 1, 2011 (Membership Class T-E and T-F)

If you meet the eligibility requirements, you can receive Premium Assistance only if you have an out-of-pocket premium from a medical plan offered through the Health Options Program or continue to participate in your former school employer's approved plan. Premium Assistance is not payable:

- For separate dental, vision, or prescription drug plans, including stand-alone prescription drug options offered through the Health Options Program,
- For out-of-pocket premiums for a retiree's spouse or dependents, or
- If your school employer provides coverage to you at no cost or with nontaxable contributions.

Premium Assistance is added to your monthly retirement benefit as nontaxable income. If you are receiving Premium Assistance for coverage in your school employer plan and that coverage terminates, **you must enroll in the Health Options Program to maintain your Premium Assistance.**



# Medicare Supplement Plans

You and your spouse, if he or she is Medicare-eligible, can enroll in a Medicare Supplement plan and keep Original Medicare benefits.

The Health Options Program offers two Medicare Supplement plans—the **HOP Medical Plan** and the **Value Medical Plan**. Your monthly premium for the Value Medical Plan is lower than for the HOP Medical Plan, but your out-of-pocket payments are higher when you have medical expenses. You cannot enroll in either the HOP Medical Plan or the Value Medical Plan if you enroll in a Medicare Advantage plan.

## HOP Medical Plan

When you have Original Medicare and enroll in the HOP Medical Plan, you have **no deductible**. The combined coverage pays 100% of covered hospital and medical expenses except for a few copays—\$10 for a primary care physician visit, \$40 for an emergency room visit, \$25 for an MRI or a CT scan, and 10% (up to \$100 per item) for durable medical equipment. The HOP Medical Plan also provides additional coverage if you exceed your maximum Medicare benefits or if you need services when you are traveling abroad.

In addition, if you enroll in the HOP Medical Plan, you have **SilverSneakers®** fitness programs at no additional cost. SilverSneakers includes group fitness classes, social events, swimming pools, and a network of 13,000+ fitness locations, all included with your basic fitness membership. To find a location near you, go online to **[silversneakers.com](https://www.silversneakers.com)**.

## Value Medical Plan

The Value Medical Plan is for retirees who want a low monthly premium and are willing to pay more out of pocket when obtaining services. It is designed to provide financial protection in the event of unexpected high-cost hospital and medical expenses. If you are admitted to the hospital, the Plan pays 100% of Medicare's hospital deductible and daily copays—**but you must pay the first \$300**. When you have medical expenses, the Plan limits your share of the cost—but only after **you pay the annual deductible (\$233 in 2022)**. Unlike the HOP Medical Plan, the Value Medical Plan does not provide any additional coverage if you exhaust your Medicare benefits nor does it include a SilverSneakers membership. The Value Medical Plan coverage for services provided abroad is limited to those covered by Medicare.



If you enroll in the HOP Medical Plan within the three months before or after the month in which you turn 65, you will pay a discounted premium. If you remain enrolled in the HOP Medical Plan, you'll receive a discount on your premium each year until your 70th birthday. If you retire after age 65 and enroll in the HOP Medical Plan, you may qualify for a smaller discount.

## Other Reasons to Enroll in a Medicare Supplement Plan

You can enroll in the HOP Medical Plan or the Value Medical Plan without any other coverage offered by the Health Options Program. However, you can also enroll in one of three **prescription drug plans** (see page 6) and/or **a dental and vision plan** (see page 9). Each of these options requires an additional premium.

## The Plans at a Glance

This chart provides a side-by-side comparison of how much you will pay for selected covered services if you are enrolled in Original Medicare and either the HOP Medical Plan or the Value Medical Plan. For more details about what's covered and any benefit limitations, refer to each Plan's *Summary Plan Description*.

	WHAT YOU PAY IF YOU ARE ENROLLED IN ORIGINAL MEDICARE AND...	
	The HOP Medical Plan	The Value Medical Plan
Part B annual deductible	\$0	\$233 (in 2022)
Annual out-of-pocket maximum	Does not apply	\$5,000
Doctor visits	\$10 PCP; \$20 specialist	20% up to \$20
Outpatient surgery	\$0	20% up to \$100/procedure
Emergency room	\$40 (waived if admitted)	\$50 (waived if admitted)
Urgent care	\$15	20% up to \$20
MRI and CT scans	\$25	20% up to \$100/procedure
Outpatient therapy	\$0	20%
Durable medical equipment	10% up to \$100/item	20%
Hospitalization	\$0	\$300/admission
Skilled nursing facility (days 21–100)	\$0	\$50/day
Coverage after Medicare benefits are exhausted	20% (after \$250 deductible) with \$1,000 annual out-of-pocket limit	Not covered

# Medicare Prescription Drug Plan Options

You and your spouse, if he or she is Medicare-eligible, can enroll in a qualified Medicare Part D prescription drug plan—with or without a Medicare Supplement. However, if you choose a prescription drug plan on a stand-alone basis (without a Medicare Supplement), **you will not be eligible for Premium Assistance.**

The Health Options Program offers three Medicare prescription drug plans—the **Enhanced Medicare Rx Option**, the **Basic Medicare Rx Option**, and the **Value Medicare Rx Option**. Your monthly premium for the Value Medicare Rx Option is lower than for either the Enhanced or Basic Medicare Rx Option, but you have to satisfy the \$505 (in 2023) annual deductible before the Value Medicare Rx Option pays any portion of your prescription drug expenses.

The Medicare prescription drug plans are administered for the Health Options Program by OptumRx (1-888-239-1301). You cannot enroll in the Enhanced, Basic, or Value Medicare Rx Option if you enroll in a Medicare Advantage plan.

**In accordance with the requirements of the Inflation Reduction Act of 2022, the Medicare prescriptions drug options, will provide enhanced benefits for insulin coverage and vaccines. See page 8 for details.**

## Enhanced Medicare Rx Option

With the Enhanced Medicare Rx Option, you have **no deductible** and pay the least of the three options for certain medications, such as for brand-name drugs in Initial Coverage. The Enhanced Medicare Rx Option also covers certain medications not covered at all under the Basic Medicare Rx Option, the Value Medicare Rx Option, or Medicare prescription drug programs offered by commercial carriers.

## Basic Medicare Rx Option

The Basic Medicare Rx Option has **an annual \$100 prescription drug deductible** (however, it does not apply to generic drugs). The Basic Medicare Rx Option provides a lower level of coverage than the Enhanced Medicare Rx Option for certain medications.

## Value Medicare Rx Option

The Value Medicare Rx Option is for retirees who are willing to pay the **annual \$505 (in 2023) prescription drug deductible** for a lower monthly premium. It is designed to provide financial protection in the event of unexpected high-cost prescription drug expenses. In the Initial Coverage stage, you'll pay \$2 for a 30-day supply of preferred generic drugs (Tier 1) without having to meet the deductible. After you meet the annual deductible, you pay 25% of the cost of any medication in Tiers 2 through 5. The Value Medicare Rx Option has a different formulary—the Gold5 Formulary—than the other two Medicare Rx Options.

If you enroll in a prescription drug plan without medical coverage, you will not be eligible for Premium Assistance.



## The Plans at a Glance

Here's a side-by-side comparison of how much you will pay under each Medicare Rx Option for a prescription. For more details about what's covered and any benefit limitations, refer to the *HOP Medical Plan Summary Plan Description* or the *Value Medical Plan Summary Plan Description*.

PRESCRIPTION DRUGS	ENHANCED MEDICARE Rx OPTION		BASIC MEDICARE Rx OPTION	
	Retail Pharmacy	Mail Order	Retail Pharmacy	Mail Order
Annual deductible	\$0	\$0	\$100 (excludes generics)	
<b>Initial Coverage Up to a Total Drug Cost of \$4,660*</b>				
Preferred generic drugs (Tier 1)	\$4 maximum for up to a 30-day supply; \$12 for a 31- to 90-day supply	\$12 for a 31- to 90-day supply	\$5 maximum for up to a 30-day supply; \$15 for a 31- to 90-day supply	\$15 for a 31- to 90-day supply
Non-preferred generic drugs (Tier 2)	\$11 maximum for up to a 30-day supply; \$33 for a 31- to 90-day supply	\$33 for a 31- to 90-day supply	\$12 maximum for up to a 30-day supply; \$36 for a 31- to 90-day supply	\$36 for a 31- to 90-day supply
Preferred brand-name drugs (Tier 3)	25% to a maximum of \$150 for up to a 30-day supply; \$300 for a 31- to 90-day supply	25% to a maximum of \$280 for a 31- to 90-day supply	30% to a maximum of \$200 for up to a 30-day supply; \$500 for a 31- to 90-day supply	30% to a maximum of \$450 for a 31- to 90-day supply
Non-preferred drugs (Tier 4)	35% to a maximum of \$200 for up to a 30-day supply; \$400 for a 31- to 90-day supply	35% to a maximum of \$380 for a 31- to 90-day supply	40%	40%
Specialty drugs (Tier 5; limited to a 30-day supply)	25%	25%	30%	30%
<b>Coverage Gap to TrOOP Maximum of \$7,400**</b>				
Generic drugs***	25%	25%	25%	25%
Brand-name drugs***	25% (Plan pays 5% and manufacturer discounts 70%)		25% (Plan pays 5% and manufacturer discounts 70%)	
<b>Catastrophic Coverage</b>				
Generic drugs***	The greater of 5% or \$4.15 to a maximum of \$100		The greater of 5% or \$4.15 to a maximum of \$250	
Brand-name drugs***	The greater of 5% or \$10.35 to a maximum of \$100		The greater of 5% or \$10.35 to a maximum of \$250	

\* Includes total combined costs for covered drugs paid by the Plan and participant

\*\* True Out of Pocket (TrOOP) includes costs for covered drugs paid by the participant (but not the Plan) and manufacturer's discount.

\*\*\* Including specialty drugs

VALUE MEDICARE Rx OPTION		
PRESCRIPTION DRUGS	Retail Pharmacy (30-day supply)	Mail Order (90-day supply)
Annual deductible	\$505 in 2023 (excludes preferred generic drugs)	
<b>Initial Coverage Up to a Total Drug Cost of \$4,660*</b>		
Preferred generic drugs (Tier 1)	\$2 for a 30-day supply; \$6 for a 31- to 90-day supply	
Generic drugs (Tier 2)	25%	25%
Preferred brand-name drugs (Tier 3)	25%	25%
Non-preferred drugs (Tier 4)	25%	25%
Specialty drugs (Tier 5; limited to a 30-day supply)	25%	25%
<b>Coverage Gap to TrOOP Maximum of \$7,400**</b>		
Generic drugs***	25%	25%
Brand-name drugs***	25% (Plan pays 5% and manufacturer discounts 70%)	
<b>Catastrophic Coverage</b>		
Generic drugs***	The greater of 5% or \$4.15	
Brand-name drugs***	The greater of 5% or \$10.35	

\* Includes total combined costs for covered drugs paid by the Plan and participant

\*\* True Out of Pocket (TrOOP) includes costs for covered drugs paid by the participant (but not the Plan) and manufacturer's discount.

\*\*\* Including specialty drugs

**Benefit enhancements provided under the Inflation Reduction Act. Call OptumRx for more information.**

**Insulin:** You won't pay more than \$35 for a one-month supply of each insulin product covered by the Medicare Rx Options, no matter which cost-sharing tier it's on, even if you haven't paid your deductible.

**Vaccines:** The Enhanced Medicare Rx Option covers most Part D vaccines at no cost to you. The Basic and Value Medicare Rx Options also cover most Part D vaccines at no cost to you, even if you haven't paid your annual deductible.

The Enhanced and Basic Medicare Rx Options have the same base drug list (or formulary); however, certain medications are covered only under the Enhanced Medicare Rx Option. The Value Medicare Rx Option uses a different drug list. You can find a list of all covered medications in the *Comprehensive Prescription Drug Formulary for the Enhanced and Basic Medicare Rx Options* and the *Comprehensive Gold5 Prescription Drug Formulary for the Value Medicare Rx Option*, available online at **HOPbenefits.com** or by request from the HOP Administration Unit.

# The MetLife Dental and EyeMed Vision Option

Under the MetLife Dental and EyeMed Vision Option, one election provides two types of coverage; you cannot enroll in vision and dental coverage separately.

The dental and vision coverage includes preventive care and offers discounts for certain services when you use an in-network provider. Review the sections that follow for more details on how the benefits work, how to find network providers, and any limitations or restrictions.

You must enroll in the HOP Medical Plan or the Value Medical Plan to be eligible for dental and vision coverage. It is not available on a stand-alone basis or if you enroll in a Medicare Advantage plan.

If you do not enroll in dental and vision coverage when first eligible, or enroll but drop your coverage at a later date, you will not be able to re-enroll unless there is an open enrollment or you experience a Qualifying Event.

\* Savings from enrolling in the MetLife Preferred Dentist Program will depend on various factors, including how often you visit the dentist and the costs for services rendered.

## MetLife Dental Coverage

In addition to helping you maintain good oral health at a reasonable cost,\* dental coverage offers a number of other important advantages:

- You don't need to change dentists when you join. You can visit any dentist you want, but choosing one that's part of the MetLife network (an in-network dentist) saves you money.
- If you use an in-network dentist, there's no annual deductible, which means you start saving on dental care the first time you visit a dentist.
- You pay nothing for preventive care (exams and cleanings) from an in-network dentist and less than half the cost for all other services.
- Each year, you can receive up to \$1,400 in basic and major restorative services. Preventive services do not count toward the maximum annual benefit.
- If you use an in-network dentist after you receive the maximum annual benefit, you'll continue to pay discounted rates.



## Coverage at a glance

Here's how much you pay for in-network and out-of-network dental care.

	IN-NETWORK	OUT-OF-NETWORK*
<b>Preventive Services (do not count toward the annual benefit maximum)</b>		
Deductible	\$0	\$0
Oral exams; cleanings; full mouth or panoramic X-rays; bitewing X-rays; intraoral, periapical, and extraoral X-rays; fluoride treatments (for dependent child(ren) up to age 14)	0%	20% of MetLife's discounted rate plus 100% of the difference between the actual and discounted rates
<b>Basic and Major Restorative Services</b>		
Deductible	\$0	\$100
<b>Basic Services</b> (pulp vitality tests, diagnostic casts, bacteriological studies, sealants, space maintainers, palliative care, sedative fillings, fillings, periodontal maintenance, pulp capping, therapeutic pulpotomy, periodontics—non-surgical, simple extractions; surgical extractions or oral surgery)	30% of MetLife's discounted rate	50% of MetLife's discounted rate plus 100% of the difference between the actual and discounted rates
<b>Major Services</b> (recementations and repairs, rebases or relines, general anesthesia, consultations, inlays or onlays, crowns, crown build-ups, dentures, bridges, endodontics or root canal, periodontics—surgical, placement of implants)	40% of MetLife's discounted rate	50% of MetLife's discounted rate plus 100% of the difference between the actual and discounted rates

\* These out-of-network reimbursement levels do not apply in Texas, Mississippi, Louisiana, Montana, Massachusetts, or Alaska. If you live in one of these states, call the HOP Administration Unit (1-800-773-7725) for reimbursement levels.

## Understanding in-network and out-of-network dental benefits

Each time you need dental care, you can decide whether to use an in-network dentist or one that is not part of the MetLife network. While you are free to go out of network whenever and as often as you like, using a MetLife dental provider is your lower-cost option.

Here's why:

- With in-network providers, **you never pay a deductible**. If you use out-of-network dentists, you must satisfy a \$100 deductible before the Plan pays any benefits for basic or major restorative services.

- Your **percentage of the cost is always lower** with an in-network provider.
- MetLife negotiates **discounted rates\*\*** with in-network dentists. This means they are under contract to accept a specific amount for each service. Out-of-network dentists can charge any amount, but MetLife will pay benefits based only on the amount it has established for in-network providers. This means that if you use an out-of-network dentist, you pay 100% of the difference between what the dentist charges and MetLife's discounted rate.

\*\* Discounted rates refer to the fees that in-network dentists have agreed to accept as payment in full for covered services, subject to any copayments, deductibles, cost sharing, and benefits maximums. Discounted rates are subject to change.



**Example.** You need a periodontal scaling and root planing (a basic restorative service), which has a discounted rate of \$119. You have a choice of two equally qualified dentists. One dentist belongs to the MetLife network and charges the discounted rate of \$119. You pay \$35.70 (30% of \$119), and MetLife pays \$83.30.

The other dentist is not in the MetLife network and charges \$240 for the service. Assuming that you have already met the \$100 annual deductible for out-of-network restorative services, your cost consists of two charges:

- \$59.50 (50% of the \$119 discounted rate), plus
- \$121 (100% of the difference between the dentist's actual charge of \$240 and the discounted rate of \$119)

So you pay \$180.50 (\$59.50 + \$121) and MetLife pays \$59.50. In this example, **you would save \$144.80** (\$180.50 - \$35.70) by using an in-network dentist.

### To find a MetLife dentist

There are thousands of general dentists and specialists to choose from nationwide—so you are sure to find one who meets your needs. You can find a list of MetLife dentists online at [metlife.com/dental](https://www.metlife.com/dental). Click on **Find a participating dentist** on the home page, enter your ZIP code, and choose **PDP Plus** as your network in the drop-down list. You can also call MetLife toll-free at 1-855-700-7997 and request that a list of dentists be mailed to you.

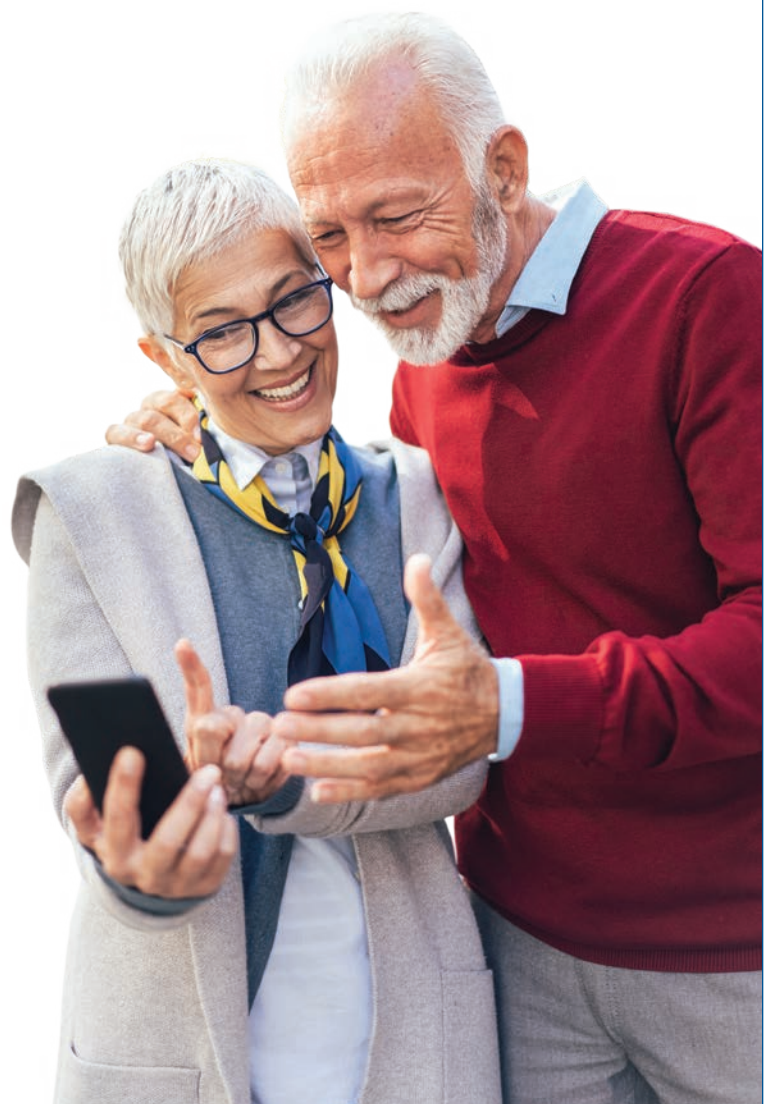
### When you go to the dentist

You are not required to show an ID card to your dentist as proof of coverage. Just tell your dentist's office that MetLife is your dental carrier when you schedule an appointment. Dentists may submit claims for you, which means you have little or no paperwork.

### Maximum benefits

Once you receive \$1,400 in dental benefits (in-network and out-of-network combined; this doesn't include preventive and diagnostic care), you pay 100% for any additional care you receive for the rest of the calendar year. However, **in-network dentists accept MetLife's negotiated rates after the maximum has been reached**—which means you continue to receive discounts on dental services.

*Like most group benefit programs, benefit programs offered by MetLife contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Ask MetLife or the HOP Administration Unit for costs and complete details.*



## EyeMed Vision Coverage

Vision coverage includes preventive care and offers discounts for certain services when you use an in-network provider. Review the sections that follow for more details on how the benefits work, how to find network providers, and any limitations or restrictions.

The Vision Plan offers a number of important advantages:

- Eye examinations, frames, and prescription lenses or medically necessary contact lenses are covered once every other calendar year.
- You have the option to see a provider in the EyeMed Insight network or an out-of-network provider; however, you'll always pay less for in-network services.
- When you visit a PLUS Provider (e.g., LensCrafters and Target Optical), you are eligible for an additional \$50 frame allowance.
- Out-of-network care will be reimbursed up to the Plan limits (noted in the chart below) after you submit a claim for the full amount of the service.
- The HealthyEyes wellness program keeps the focus on your eye health with online tools, articles, and videos.

### Coverage at a glance

Here's how much you would pay for in-network and out-of-network vision care.

COVERED SERVICES (ONCE EVERY OTHER CALENDAR YEAR)	YOUR COST IN-NETWORK	YOUR REIMBURSEMENT OUT-OF-NETWORK
<b>Vision exam</b>	\$0	Up to \$30
<b>Frame</b>	20% off balance over \$100 allowance	Up to \$45
<b>Frame from a PLUS Provider</b>	20% off balance over \$150 allowance	Up to \$45
<b>Standard plastic lenses (in lieu of medically necessary contacts)</b>		
Single-vision	\$0	Up to \$25
Bifocal	\$0	Up to \$36
Trifocal	\$0	Up to \$46
Lenticular	\$0	Up to \$46
Progressive – standard	\$55	Up to \$36
<b>Medically necessary contact lenses (in lieu of lenses)</b>	\$0	Up to \$210

## Understanding in-network and out-of-network vision benefits

Each time you need vision care, you decide whether to use an in-network provider or one that is not part of the EyeMed Insight network. While you are free to go out of network whenever and as often as you like, using an EyeMed provider is your lower-cost option. Here's why:

- For most in-network services, including eye exams, most lenses, and frames, you'll pay nothing—a \$0 copay—when you need care.
- When you purchase frames from a PLUS Provider (e.g., LensCrafters and Target Optical), you'll receive an additional \$50 toward your frame allowance.
- If you visit an out-of-network provider, you'll pay the full amount of the service up front and submit a claim for reimbursement, along with an itemized invoice.
- EyeMed negotiates **discounted rates\*** with in-network providers. This means they are under contract to accept a specific amount for each service. Out-of-network providers can charge any amount, but EyeMed will only pay up to the maximum reimbursement level. This means that if you use an out-of-network provider, you pay 100% of the difference between what the provider charges and EyeMed's maximum reimbursement level.

\* Discounted rates refer to the fees that in-network providers have agreed to accept as payment in full for covered services, subject to any copayments, deductibles, cost sharing, and benefits maximums. Discounted rates are subject to change.

## To find an EyeMed vision provider

EyeMed's Enhanced Provider Search has more than 100,000 Insight network providers nationally. You can filter your search to find ones near you that have the frame brands, hours, and services you want most. To use the search tool, visit **eyedoclocator.eyemedvisioncare.com**, and select the Insight network. You may also download the EyeMed Members app through the Apple App Store or Google Play.

## When you go to the vision provider

EyeMed will send you two ID cards when you join, but you don't have to show the card when you visit your eye doctor. If you lose your card or need extras for your family, you can print a replacement by logging in to **member.eyemedvisioncare.com**, or, to pull up a digital version anytime or anywhere, download the EyeMed Members app through the Apple App Store or Google Play.

*Like most group benefit programs, benefit programs offered by EyeMed contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Ask EyeMed or the HOP Administration Unit for costs and complete details.*





# Someone Like Me

Deciding what medical plan is right for you is not always easy. We hope these “someone like me” examples can help you in this process. The profiles are for demonstration purposes only. The plan you elect should be based on your actual health care needs.

## Meet Frank

- About to retire at age 65
- In good health and generally only sees his doctor for wellness exams
- No prescription medications at this time
- Divorced and only needs coverage for himself
- Enjoys using technology

## What Frank Cares About

- **Easy access to resources.** Frank wants all his resources readily available. He likes the convenience of online information and tools.
- **Cost.** Frank is focused on keeping monthly expenses low. He’s eligible for \$100 a month in Premium Assistance and wants to make sure he is in a plan that’s eligible for Premium Assistance.
- **Choice and flexibility.** Frank worries that over time, if his health changes, he might need more coverage. He wants the ability to change and update his coverage as his health care needs change.

## What Plan Is Right for Frank?

The Value Medical Plan plus Value Medicare Rx.

- Frank doesn’t have regular prescriptions right now; however, it’s always a good idea to have at least a little coverage for one-off medications, like antibiotics if he ever gets sick. If he needs more coverage in the future, he knows there are other options available through the Health Options Program.

- Preventive care and wellness exams are covered 100% before the deductible.
- Frank’s Premium Assistance covers the majority of the monthly cost of the Value Medical Plan, so he will pay less in monthly premiums; plus, he is protected from unforeseen high-cost medical expenses by the annual out-of-pocket maximum.
- The website, **HOPbenefits.com**, has a secure member portal with personalized information, general plan information, and lookup tools for network providers and covered medications. He can also elect to receive some of his paperwork electronically instead of through the mail.
- The Health Options Program also offers additional coverage options, like the Enhanced and Basic Medicare Rx Options or Medicare Advantage plans, in case he ever wants to change his coverage.
- Frank could enroll only in Original Medicare; however, he would not be able to apply his Premium Assistance to that coverage.





## Meet Mary and James

- Mary retired early and was able to remain on her school health insurance plan.
- Mary just turned 65 and is now eligible for Medicare, so she lost coverage under her school-sponsored plan.
- Mary needs to cover her husband James, who is 63 and not eligible for Medicare.
- James takes high blood pressure medication.
- Mary is a diabetic.

## What Mary and James Care About

- **Prescription drug coverage.** James is only taking one prescription, and Mary is on medication to help control her blood sugar. They want financial protection against high-cost medications.
- **Healthy lifestyle.** Mary wants to remain healthy and active, but now that she's on a fixed income, she's worried about her gym membership fees. To keep up their health, Mary and James get annual checkups and wellness exams.
- **A program with options for non-Medicare-eligible dependents.** Mary is excited to enroll in the Health Options Program, because she knows it has options for James now and once he becomes Medicare-eligible.
- **Costs.** Mary and James will have prescription drug costs, so they want to keep other expenses as low as possible. She also wants to make sure that the monthly premiums aren't based on her age.
- **Vision benefits.** Mary wears glasses. She knows how important it is to have regular eye exams to monitor her eye health and get her prescription updated, as needed.



## What Plan Is Right for Mary and James?

The HOP Medical Plan with Dental and Vision plus Rx and the HOP Pre-65 Medical Plan plus Rx.

- Mary is enrolling in the **HOP Medical Plan** within the three months before or after the month she turns 65, so she's eligible for a 15% discount. If she remains enrolled in the HOP Medical Plan, she'll receive a premium discount until her 70th birthday. Plus, she knows that Health Options Program premiums are set to a standard rate for age 70 and older. She likes that her premium isn't based on her age.
- Mary is eligible for Premium Assistance, so they will save \$100 on their premium each month. She also likes the convenience of having her premiums deducted automatically from her pension.
- Mary also chooses to enroll in the MetLife Dental and EyeMed Vision Option. That way, her preventive visits are covered 100% by the Plan, and she's protected from high out-of-pocket costs if she ever needs dental or vision care.
- Every year during the Option Selection Period, they have the option to change plans. They like the flexibility of being able to change coverage as their health care needs change.
- The SilverSneakers fitness program is included, which can help them with lifestyle changes to better their health conditions.
- The Health Options Program offers a pre-65 plan for James. See page 24 to learn more about comparable coverage for non-Medicare-eligible spouses.

*continued*

## How Are Their Medications Covered?

Mary has diabetes and is taking a medication to manage her blood sugar. With the HOP Medical Plan, Mary has a choice of three prescription drug plans—the Enhanced, Basic, and Value Medicare Rx Options. Depending on the plan she chooses, she will pay a different amount for covered prescription drugs. Plus, the Enhanced and Basic Medicare Rx Options use a different formulary than the Value Medicare Rx Option.

Here’s an example of what Mary would pay under each plan in Initial Coverage\* for a 30-day fill:

	ENHANCED MEDICARE Rx OPTION		BASIC MEDICARE Rx OPTION		VALUE MEDICARE Rx OPTION	
Formulary	Enhanced and Basic Medicare Rx Option Formulary				Gold5 Prescription Drug Formulary	
	Preferred generic (Tier 1)	Preferred brand-name (Tier 3)	Preferred generic (Tier 1)	Preferred brand-name (Tier 3)	Preferred generic (Tier 1)	Preferred brand-name (Tier 3)
<b>Total Cost</b>	\$132.00	\$547.00	\$132.00	\$547.00	\$132.00	\$547.00
<b>Plan Pays</b>	\$128.00	\$410.25	\$127.00	\$382.90	\$130.00	\$410.25
<b>Mary Pays</b>	<b>\$4 copay</b>	<b>\$136.75</b> (25%, up to \$150)	<b>\$5 copay**</b>	<b>\$164.10***</b> (30%, up to \$200)	<b>\$2 copay**</b>	<b>\$136.75***</b> (25%)

\* Costs may vary based on the coverage stage. See pages 7 and 8 for details.

\*\* Annual deductible does not apply.

\*\*\* Cost shown is after meeting the annual deductible.



# Monthly Costs in Pennsylvania (Excluding Premium Assistance)

**Note:** All premiums are standard rates paid by most members. Your rates may be different, depending on the circumstances of your enrollment.

## North & Central Pennsylvania

**Here are your monthly costs if you live in North or Central Pennsylvania, which includes the following counties:**

Adams • Armstrong • Beaver • Bedford • Berks • Blair • Bradford • Butler • Cambria • Cameron • Carbon Centre • Clarion • Clearfield • Clinton • Columbia • Crawford • Cumberland • Dauphin • Elk • Erie • Forest Franklin • Fulton • Huntingdon • Jefferson • Juniata • Lackawanna • Lancaster • Lawrence • Lebanon Lehigh • Luzerne • Lycoming • McKean • Mercer • Mifflin • Monroe • Montour • Northampton Northumberland • Perry • Pike • Potter • Schuylkill • Snyder • Somerset • Sullivan • Susquehanna • Tioga Union • Venango • Warren • Wayne • Wyoming • York

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$183
HOP Medical Plan + Enhanced Medicare Rx Option	\$309
HOP Medical Plan + Basic Medicare Rx Option	\$250
HOP Medical Plan with Dental and Vision	\$221
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$347
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$288
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

Value Medical Plan only	\$102
Value Medical Plan + Value Medicare Rx Option	\$127
Value Medical Plan with Dental and Vision	\$140
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$165
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan

## Southwest Pennsylvania

**Here are your monthly costs if you live in Southwest Pennsylvania, which includes the following counties:**

Allegheny • Fayette • Greene • Indiana • Washington • Westmoreland

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$200
HOP Medical Plan + Enhanced Medicare Rx Option	\$326
HOP Medical Plan + Basic Medicare Rx Option	\$267
HOP Medical Plan with Dental and Vision	\$238
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$364
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$305
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

# Monthly Costs in Pennsylvania (Excluding Premium Assistance)

## Southwest Pennsylvania

Value Medical Plan only	\$115
Value Medical Plan + Value Medicare Rx Option	\$140
Value Medical Plan with Dental and Vision	\$153
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$178
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan

## Southeast Pennsylvania

**Here are your monthly costs if you live in Southeast Pennsylvania, which includes the following counties:**

Bucks • Chester • Delaware • Montgomery • Philadelphia

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$209
HOP Medical Plan + Enhanced Medicare Rx Option	\$335
HOP Medical Plan + Basic Medicare Rx Option	\$276
HOP Medical Plan with Dental and Vision	\$247
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$373
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$314
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

Value Medical Plan only	\$117
Value Medical Plan + Value Medicare Rx Option	\$142
Value Medical Plan with Dental and Vision	\$155
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$180
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan



# Monthly Costs Outside Pennsylvania (Excluding Premium Assistance)

**Note:** All premiums are standard rates paid by most members. Your rates may be different, depending on the circumstances of your enrollment.

## Florida

### Here are your monthly costs if you live in one of these counties in Florida:

Alachua • Bay • Bradford • Brevard • Broward • Calhoun • Charlotte • Citrus • Clay • Collier • Dixie • Duval  
 Gilchrist • Glades • Gulf • Hamilton • Hendry • Hernando • Highlands • Hillsborough • Indian River  
 Lafayette • Levy • Liberty • Martin • Miami-Dade • Monroe • Nassau • Okaloosa • Orange • Palm Beach  
 Pinellas • Putnam • St. Johns • Seminole • Sumter • Union • Walton

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$209
HOP Medical Plan + Enhanced Medicare Rx Option	\$335
HOP Medical Plan + Basic Medicare Rx Option	\$276
HOP Medical Plan with Dental and Vision	\$247
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$373
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$314
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

Value Medical Plan only	\$117
Value Medical Plan + Value Medicare Rx Option	\$142
Value Medical Plan with Dental and Vision	\$155
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$180
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan

### Here are your monthly costs if you live in one of these counties in Florida:

Baker • Columbia • DeSoto • Escambia • Flagler • Franklin • Gadsden • Hardee • Holmes • Jackson  
 Jefferson • Lake • Lee • Leon • Madison • Manatee • Marion • Okeechobee • Osceola • Pasco • Polk  
 Saint Lucie • Santa Rosa • Sarasota • Suwannee • Taylor • Volusia • Wakulla • Washington

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$200
HOP Medical Plan + Enhanced Medicare Rx Option	\$326
HOP Medical Plan + Basic Medicare Rx Option	\$267
HOP Medical Plan with Dental and Vision	\$238
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$364
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$305
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

Value Medical Plan only	\$115
Value Medical Plan + Value Medicare Rx Option	\$140
Value Medical Plan with Dental and Vision	\$153
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$178
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan

# Monthly Costs Outside Pennsylvania (Excluding Premium Assistance)

## New Jersey

**Here are your monthly costs if you live in one of these counties in New Jersey:**

Burlington • Camden • Cumberland • Essex • Gloucester • Hunterdon • Mercer • Ocean • Salem • Warren

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$200
HOP Medical Plan + Enhanced Medicare Rx Option	\$326
HOP Medical Plan + Basic Medicare Rx Option	\$267
HOP Medical Plan with Dental and Vision	\$238
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$364
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$305
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

Value Medical Plan only	\$115
Value Medical Plan + Value Medicare Rx Option	\$140
Value Medical Plan with Dental and Vision	\$153
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$178
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan

**Here are your monthly costs if you live in one of these counties in New Jersey:**

Atlantic • Bergen • Cape May • Hudson • Middlesex • Monmouth • Morris • Passaic • Somerset  
Sussex • Union

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$209
HOP Medical Plan + Enhanced Medicare Rx Option	\$335
HOP Medical Plan + Basic Medicare Rx Option	\$276
HOP Medical Plan with Dental and Vision	\$247
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$373
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$314
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

Value Medical Plan only	\$117
Value Medical Plan + Value Medicare Rx Option	\$142
Value Medical Plan with Dental and Vision	\$155
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$180
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan

# Monthly Costs Outside Pennsylvania (Excluding Premium Assistance)

## New York

### Here are your monthly costs if you live in one of these counties in New York:

Kings (Brooklyn) • Nassau • Orange • Putnam • Queens • Rockland • Suffolk • Sullivan • Ulster • Westchester

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$209
HOP Medical Plan + Enhanced Medicare Rx Option	\$335
HOP Medical Plan + Basic Medicare Rx Option	\$276
HOP Medical Plan with Dental and Vision	\$247
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$373
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$314
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

Value Medical Plan only	\$117
Value Medical Plan + Value Medicare Rx Option	\$142
Value Medical Plan with Dental and Vision	\$155
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$180
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan

### Here are your monthly costs if you live in any other county in New York:

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$200
HOP Medical Plan + Enhanced Medicare Rx Option	\$326
HOP Medical Plan + Basic Medicare Rx Option	\$267
HOP Medical Plan with Dental and Vision	\$238
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$364
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$305
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

Value Medical Plan only	\$115
Value Medical Plan + Value Medicare Rx Option	\$140
Value Medical Plan with Dental and Vision	\$153
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$178
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan

# Monthly Costs Outside Pennsylvania (Excluding Premium Assistance)

## Other States

### Here are your monthly costs if you live in one of these states:

Alabama • Alaska • Arizona • Arkansas • California • Colorado • Connecticut • Delaware • Georgia  
 Guam • Hawaii • Idaho • Illinois • Indiana • Iowa • Kansas • Kentucky • Louisiana • Maine • Maryland  
 Massachusetts • Michigan • Minnesota • Mississippi • Missouri • Montana • Nebraska • Nevada  
 New Hampshire • New Mexico • North Carolina • North Dakota • Ohio • Oklahoma • Oregon • Puerto Rico  
 Rhode Island • South Carolina • South Dakota • Tennessee • Texas • Utah • Vermont • Virginia • Virgin Islands  
 Washington • Washington, DC • West Virginia • Wisconsin • Wyoming

Your Options	Your Monthly Cost per Person
HOP Medical Plan only	\$200
HOP Medical Plan + Enhanced Medicare Rx Option	\$326
HOP Medical Plan + Basic Medicare Rx Option	\$267
HOP Medical Plan with Dental and Vision	\$238
HOP Medical Plan with Dental and Vision + Enhanced Medicare Rx Option	\$364
HOP Medical Plan with Dental and Vision + Basic Medicare Rx Option	\$305
Enhanced Medicare Rx Option*	\$126
Basic Medicare Rx Option*	\$67

\* Can be combined with the Value Medical Plan

Value Medical Plan only	\$115
Value Medical Plan + Value Medicare Rx Option	\$140
Value Medical Plan with Dental and Vision	\$153
Value Medical Plan with Dental and Vision + Value Medicare Rx Option	\$178
Value Medicare Rx Option**	\$25

\*\* Can be combined with the HOP Medical Plan



# Medicare Advantage Plans

You can choose a Medicare Advantage plan (also known as a Medicare Part C plan) instead of Original Medicare and the HOP Medical Plan or the Value Medical Plan. A Medicare Advantage plan combines medical and prescription drug benefits in a single program. You cannot enroll for medical coverage without prescription drug coverage, or vice versa. Therefore, if you choose this option, you cannot enroll in any other Medicare prescription drug plan.

Medicare Advantage plans available through the Health Options Program are offered by Highmark, Aetna, Independence Blue Cross, Capital Blue Cross, and UPMC.

To find out which Medicare Advantage plans are available where you live, the benefits they offer, and their rates, visit [HOPbenefits.com](https://www.hopbenefits.com) and navigate to **Forms/Resources** for **Medicare-Eligible Individuals**. Look for the listing of the Medicare Advantage guides. There is one for each region of Pennsylvania and one for outside of Pennsylvania.

These insurance companies have contracted with the federal government to provide Medicare benefits. Each insurance company sets its own benefits and member rates. In addition, since each Medicare Advantage plan serves only certain areas, the plans available to you depend on where you live. If you enroll in a Medicare Advantage plan, you must use its network of providers to receive maximum benefits.



Each insurance company sets its own benefits and premiums for the Medicare Advantage plans it offers through the Health Options Program. These benefits and premiums are likely to be different from those that are offered by the same insurance company outside of the Health Options Program.

# Eligibility and Enrollment

To be eligible for either a Medicare Supplement or Medicare Advantage plan, you must be enrolled in Medicare Parts A and B and pay the Part B premium.

## Comparable Coverage

If your spouse is not currently enrolled, consider when they might retire. Retirees and dependents must be enrolled in the same plan, which is determined by who enrolls first. If your spouse will become eligible within the next year but after you make your decision this Option Selection Period, you may want to consider what options will work for both of you. Otherwise, you won't have the opportunity to change coverage (for both of you) until next fall's Option Selection Period. For example, if you elect the HOP Medical Plan, when your spouse retires, he or she must also elect the HOP Medical Plan (if Medicare-eligible) or the HOP Pre-65 Medical Plan (if not eligible for Medicare). However, if you and your spouse are both PSERS annuitants, you may elect different options.

## Qualifying Events

You can enroll in the Health Options Program and/or change your benefit if you experience a Qualifying Event. However, don't wait too long. Certain time limits apply. Contact the HOP Administration Unit at 1-800-773-7725 for details.

You experience a Qualifying Event when:

- You retire or lose health care coverage under your school employer's health plan. Coverage under your school employer's health plan includes any COBRA continuation coverage you may elect under that school employer's plan;
- You involuntarily lose health care coverage under a non-school employer's health plan, including any COBRA continuation coverage you may elect under that non-school employer's health plan;
- You or your spouse reaches age 65 or becomes eligible for Medicare;
- There is a change in your family status, including divorce, the death of a spouse, addition of a dependent through birth, adoption, or marriage, or a dependent loses eligibility (the death of a retiree is not a Qualifying Event, unless the spouse or dependent will receive a pension from PSERS following the retiree's death);
- You become eligible for Premium Assistance due to a change in legislation; or
- Your current plan terminates or you move out of your current plan's service area.

Qualifying Events apply to you and may apply to your spouse and your dependents.

## Eligible Dependents

Dependents who are eligible to enroll in the Health Options Program include:

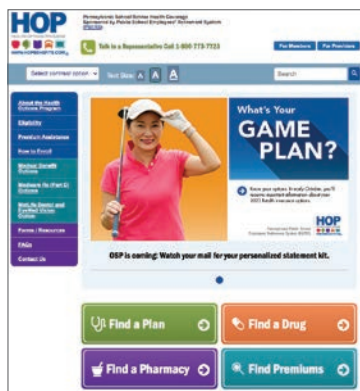
- Your spouse;
- Your unmarried children under age 19, including natural children, stepchildren, legally adopted children, and children legally placed for adoption;
- Your unmarried children age 19 to 23 who are enrolled as full-time students in an accredited college or university or in a technical or specialized school and who are not regularly employed by one or more employers on a full-time basis;
- Your unmarried children disabled by a mental and/or physical disability before age 17 who are:
  - Incapable of self-sustaining employment, and
  - Dependent on you for support, and
  - Live with you.

# How to Enroll

**It's easy to enroll. Just follow these steps.**

<b>Step 1:</b>	<b>Review available options and costs.</b> Be sure to read all the information you receive from the Health Options Program that describes your options. You can also go online to <b>HOPbenefits.com</b> , or call the HOP Administration Unit at 1-800-773-7725 for more information. Choose the option that is best for you.
<b>Step 2:</b>	<b>Make sure you have the correct enrollment form.</b> The <i>PSEERS Health Options Program Application</i> is to be used only to enroll in one or more of the following: <ul style="list-style-type: none"><li>• HOP Medical Plan</li><li>• Value Medical Plan</li><li>• Enhanced Medicare Rx Option</li><li>• Basic Medicare Rx Option</li><li>• Value Medicare Rx Option</li><li>• MetLife Dental and EyeMed Vision Option</li></ul> If you want an enrollment form or information for a Medicare Advantage plan offered through the Health Options Program, call the HOP Administration Unit at 1-800-773-7725. To enroll in a Medicare Advantage plan, you must request and submit the correct enrollment form.
<b>Step 3:</b>	<b>Complete the enrollment application.</b> Complete and sign the enrollment application for the plan you want to enroll in within the three months prior to the desired effective date. Do not sign or submit your application more than three months prior to that date.
<b>Step 4:</b>	<b>Return your completed application to the HOP Administration Unit—even if you are electing a Medicare Advantage plan.</b> All enrollment forms must be returned to the HOP Administration Unit, P.O. Box 1764, Lancaster, PA 17608-1764. This ensures that you are enrolled in the right plan and that you receive Premium Assistance, if you are eligible. Do not send any completed application forms directly to a Medicare Advantage plan.

# Participant Resources



## HOPbenefits.com

The Health Options Program's website **HOPbenefits.com** includes information, tools, and videos for both current and prospective members. It describes the health care options that are available to both Medicare-eligible and non-Medicare-eligible members and covers topics such as eligibility and Premium Assistance. Easy-to-use search tools, such as Find a Plan, Find a Drug, and Find a Pharmacy, help you make the most of your benefits. A Resources section of the site houses many useful documents, such as the *Comprehensive Prescription Drug Formulary for the Enhanced and Basic Medicare Rx Options* and the *Comprehensive Gold5 Prescription Drug Formulary for the Value Medicare Rx Option*, newsletters, and patient education materials. A secure Member Area provides additional information customized for each member, including an electronic version of his or her *Personalized Statement*. Other website functionality enables members enrolled in the HOP or Value Medical Plan to check the status of a claim or request an ID card.



## Enrollment Materials for the Option Selection Period

Each fall, the Health Options Program mails a package of information to members to help them make enrollment decisions for the following year. The package includes a *Personalized Statement* that shows current coverage, and available coverage and premium rates for the next year. As required by Medicare, members who are enrolled in the Enhanced, Basic, or Value Medicare Rx Option receive additional information. Note: The version you receive is for your current plan. If you want a different version to compare the benefits, you can request it from the HOP Administration Unit.

- An *Annual Notice of Changes*, which explains the coverage and premium changes that will become effective the following year
- An *Abridged Prescription Drug Formulary*, which is a listing of the most common prescription drugs covered under the Enhanced, Basic, and Value Medicare Rx Options
- A customized *Pharmacy Directory* that lists participating pharmacies closest to where you live
- An *Evidence of Coverage* brochure, which provides a detailed description of the Enhanced, Basic, and Value Medicare Rx Options is also sent to each member annually and available online at **HOPbenefits.com**.



## Mailing to Retirees Turning 65

Twice a year, the Health Options Program sends a package of information to PSERS retirees about to turn age 65. The package contains a description of the medical, dental, vision, and prescription drug benefits available under the Health Options Program—plus a *Personalized Statement* that has customized coverage and premium information.



## Newsletters

The Health Options Program mails a newsletter to members and other PSERS retirees several times a year. Each newsletter contains news, tips, and updates about the Program as well as general health and wellness information targeted to older adults. The newsletters are also available online at [HOPbenefits.com](http://HOPbenefits.com).



## Surveys

The Health Options Program is interested in what members think and periodically distributes surveys to find out if the Program is meeting their insurance and communications needs.



## For More Information

Type of Question	Please Call	Or Go Online
HOP Medical Plan Value Medical Plan Health Options Program in general	HOP Administration Unit 1-800-PSEERS25 (1-800-773-7725) TTY: 1-800-498-5428 8:00 a.m. to 8:00 p.m. ET, weekdays	HOPbenefits.com
Enhanced Medicare Rx Option Basic Medicare Rx Option Value Medicare Rx Option	OptumRx 1-888-239-1301 TTY: 1-800-498-5428 Available 24/7	HOPbenefits.com
Dental coverage	MetLife 1-855-700-7997 8:00 a.m. to 11:00 p.m. ET, weekdays	metlife.com/dental
Vision coverage	EyeMed 1-855-663-7444 Monday–Saturday: 7:30 a.m. to 11:00 p.m. ET Sunday: 11:00 a.m. to 8:00 p.m. ET	eyemed.com
Premium Assistance	Premium Assistance Office 1-866-483-5509 8:00 a.m. to 4:30 p.m. ET, weekdays	HOPbenefits.com
Medicare	Medicare 1-800-MEDICARE (1-800-633-4227) TTY: 1-877-486-2048	medicare.gov

## Important Decisions When You Become Eligible for Medicare

- **You may opt out of Medicare Part B.** At age 65 or your initial eligibility for Medicare, you will be enrolled automatically in Medicare Part A and Part B—provided you begin receiving Social Security benefits at that time. You pay nothing for Part A, but Part B requires premium payments that are deducted from your Social Security benefits. If you choose to opt out of Part B when you are first eligible and want to enroll at a later date, you may have to wait for a Medicare enrollment period, and you may pay a higher premium. Keep in mind, to participate in the Health Options Program, you must be enrolled in both Part A and Part B.
- **You may enroll in Medicare Part D,** which covers prescription drugs and requires an additional premium payment. The Health Options Program offers a choice of Part D plans—the Enhanced, Basic, and Value Medicare Rx Options and the Part D plans that are part of the Medicare Advantage plans. If you do not enroll in a Part D plan when you first become eligible for Medicare, and you are not participating in a plan deemed to offer creditable coverage, you will pay a higher Part D premium if you decide to enroll at a later date.
- **If available, you may have an opportunity to enroll in a Medicare Supplement or Medicare Advantage plan offered by your school district or employer.** If you enroll, you will be eligible for Premium Assistance through PSERS. However, you will not be able to transfer from that plan to the Health Options Program without a Qualifying Event (unless the Health Options Program conducts an open enrollment). An increase in the cost of your school employer’s plan does not count as a Qualifying Event.

